

**Point Mallard  
Figure Skating Club Newsletter  
Issue No. 24– Fall 2007**



**Want a Happy Coach?**

All freestyle contracts are due on or before the 28<sup>th</sup> of the month preceding the month you are signing up for. The coaches' paychecks are cut through the city system only one time each month. Payments made after the 28<sup>th</sup> are delayed until the next month's check. Please pay your coaching bill by the 28<sup>th</sup> of every month. Keep our coaches happy.

**Please arrive at the rink in time** to stretch your body before you skate. That way you will be ready for your lesson and can get the most out of your skating experience. Remember our coaches have several students to teach during the same ice time. Being ready to skate means you won't miss a lesson and your body will not be over stressed.

**Items for sale:**

Check the Bulletin board by the office for a list of skates for sale.



- Sophie Howard has lovely black sleeveless dress by Gk for sale. This is a great first competition dress or testing dress. Call 353-0110 or 654-1583 for more information.
- Alice Ledbetter has a pair of size 5 1/2, Riddell white ice skates for sale.
- Christmas Show 2005 and 2006 DVD's available in the office.

All articles and items for sale are welcome. Please e-mail ([jerland@hiwaay.net](mailto:jerland@hiwaay.net)) or hand your information to Jackie Landers. Newsletter Deadlines will be the 20<sup>th</sup> or the month prior to publication. All submissions missing deadline will be published in the next newsletter

**Calendar of Events:**

**Up-Coming US Figure Skating Competitions:**

- Aug. 24-25 → Rocket City Classic, Huntsville, AL
- Aug. 31-Sept 1 → Peach Open: Duluth, GA
- Sept. 30-Oct. 6 → Eastern Great Lakes Regional Competition – Louisville, KY
- Feb. 16-17, 2008 → Centennial Sportsplex ISI Competition Nashville, TN
- Feb. 24-26, 2008 → SEGL Competition in KY

**Up-Coming Test Session:**

- Aug. 24 → Rocket City Classic – Huntsville, AL

Anyone having dates to add to the calendar, contact Jackie Landers at 773-7165



**Good Books for Sale:**

**Parents Survival Guide books 1 and 2:** Sold as a pair for \$5.00. Now that your child is skating, have you wondered what you've gotten yourself

into? Never Fear! Two great booklets are here to help. The Skating Parents' Survival Guide vol. 1 and 2 (now available in the skating school office, ask Charles) contain answers to many skater parents questions.

Volume 1 is written especially for new skaters with information on why kids skate and why they drop out, how parents can support their child's skating experience; what to and not to expect from a coach; a check list of things to bring to your first competition; and much more.

Volume 2 puts U.S. Figure skating in perspective. Written bullet style each page offers easy to find tips and trivia about figure skating and how you and your child can participate and progress. There are even tips on what to look for in a coach and how to better understand the judging system.

Both volumes are a wonderful addition to any skaters' library.



**Newsletter Schedule:**

The Point Mallard Figure Skating Club Newsletter is published on the following schedule:

- August/September/October
- November/December/January
- February/March/April
- May/June/July

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**Point Mallard Club News:**

**New Addition -**

Congratulations to Charles, Jennifer and Quinn Bernhard on the addition of **Anna Elise** to their household. Anna Elise was born on Wednesday, July 25 at 12:27 pm, weighing in at 5lbs, 12oz. and 18 inches long. All are doing well. Ask Charles to see pictures.



**Pancake Breakfast Time-**

Mark your calendar now for the the annual fundraiser pancake breakfast at Applebee's restaurant in Decatur. November 10 from 7:00 to 10:00am. Tickets will be handed out early September to each club member. Ticket sales monies are due back to Jackie Landers by Nov. 1. Any questions, please contact Jackie Landers at 256-318-7165.



**Don't know what's going on...check the bulletin board.**

The only way your PMFSC has of contacting members is via the bulletin board. Take responsibility to check the board weekly. You never know what you might find.

**Non-Profit Status** – It's official!! Our club is now officially a non-profit organization. Now any donations made or financial contributions can be tax deductible. Check your employer for matching funds or other contribution possibilities.

**News From the Treasurer: \$\$\$**

Wow, what a great start to the new skating year for the Point Mallard Figure Skating Club. With a successful test session, great membership enrollment and the Wind Rain or Shine competition our club is starting out well. I'd like to inform everyone that the order of operations for the Club to reimburse you has changed a little bit. There is now a reimbursement form that you will complete in order to be paid back for purchases for the club. This is an easy way for me to keep track and record our disbursements. Thank you for your cooperation in this matter and I look forward to a successful year with the Point Mallard Figure Skating Club. ~ Heidi



**Club Jackets** – Most of you have probably already seen the awesome jackets and pants that the club is now selling. You can make a jacket order at any time. Prices are listed below and you may submit your order to Coach Heidi. Any questions call her at 654-3330 or e-mail at [sk8coachhw@aol.com](mailto:sk8coachhw@aol.com)

Individual costs:

- Youth jacket \$146.50
- Youth pants \$72.50
- Adult jacket \$156.50
- Adult pants \$75.50



Jacket and pants set costs:

- Youth size (jacket and pants) \$211.00
- Adult size (jacket and pants) \$224.00
- Youth/Adult (jacket and pants) \$214.00
- Adult/Youth (jacket and pants) \$221.00

**Board Meeting Schedule:**

- Saturday, September 8 – 12:15
- Saturday, October 13 – 12:15

**No Meeting November or December**



Current PMFSC Board:

- Kate Purvis ..... President
- Tommy Lance ..... Vice President
- Gina Lance ..... Secretary
- Heidi Stephan ..... Treasurer
- Chris Jones ..... Test Chair
- Charles Bernhard, Cooki Pitman, Lisa Looney and Lauren Hartung – Members at large

**Be part of the Club:**

It's time to join or renew membership in the Point Mallard Figure Skating Club. The first family member will be charged \$55.00 for the year while subsequent family member will be charged \$22.00. All membership dues are to be turned into the office or directly to Jerrold Landers. If you have questions about the club or renewing membership, contact Jerrold Landers at 773-7165



**MIF Books**

If anyone is interested in purchasing a Moves In the Field book please put your name on the sign up sheet in the office. This is a useful tool for any skater that is interested in testing USFS and work on their Moves In the Field. The book costs \$15 through the Point Mallard Figure Skating Club. We must have enough people sign up for an order to go in. Please sign up before September 15<sup>th</sup>.

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**Test Chair News:** by Chris Jones

The Point Mallard Figure skating Club had its first test session of the new season on Saturday, July 7, 2007. There were 10 tests taken and 10 tests passed.

**Lindsay Beaty** Pre Preliminary Moves in the Field and Pre Preliminary Freeskate

**Olivia Hartung** Pre Preliminary Moves in the field and Pre Preliminary Freeskate

**Samantha Butler** Pre Preliminary Moves in the Field

**Madison Brown** Preliminary Moves in the Field and Pre Preliminary Freeskate

**Morgan Brown** Preliminary Moves in the Field

**Sarah Hartung** Preliminary Moves in the Field

**Remington Pitman** Preliminary Moves in the Field

**Congratulations to all the skaters**

Thanks to Lisa Boyer for her time spent judging the hour of tests. Thanks also to Cookie Pitman for making a lunch for our judge and setting up a room for her.

As the new test chair, I would like to encourage skaters to advance as far as they can in the test structure of United States Figure Skating. If you test at a club other than your own, you may need a letter of permission to indicate that you are a member in good standing. Always check the application for this request. I will also be sending Recognition of Achievement report along with the test reports to USFS. These forms will be with the test forms in the office. Please fill them out with the test form, even if you have done so previously, so I can have current information. I am looking forward to serving the Point Mallard Figure Skating Club this year and hope to conduct many successful test sessions.

Sincerely,  
Chris Jones



**Good Luck to the following skaters:**

Nicole D'Antonio and Rachel Landers testing at Rocket City, Aug.24

Jenna Coffman, Rachel Landers, Sophia Looney, Riley Olague and Susan Purvis, Competing at Rocket City Classic on Aug 25

Susan Purvis and Rachel Landers competing at Peach Open, Duluth,GA on Aug.31/Sept.1. Bob Massey, Anita Bergeson, Pat Blackman, Beth Quinn, Competing at Peach Classic Sept. 1 and 2<sup>nd</sup>.

**Congratulations:**

**Test Session:** Congratulations to Coach Chris Jones, passed her dance test in Birmingham, AL in June. And to Corinne Romanowski who passed her Senior level moves in the field test in June.

**Regionals Competition:**

Best wishes for a great competition go to Susan Purvis competing in Louisville, KY at the Eastern Great Lakes Regional competition. Watch the bulletin board for results.



**Director's Corner**

by Charles Bernhard:

**Ice Etiquette & Safety Guidelines**

First and foremost is courtesy. It is essential to respect the rights of other skaters and be constantly aware of those around you. If you seem to be surrounded by skaters of significantly greater or lesser skill, be especially careful. In order to avoid collisions constantly scan the ice watching the other skater's movements. After a little practice you will find that you avoid other skaters, the number of skaters that get in your way will decrease because you are more aware of your surroundings and you will have better presentation because you have practiced keeping your head up. The skater performing their program to music has the right of way at all times, and all other skaters are expected to give them free maneuvering room. Second in priority are those skaters who are currently in a lesson with their pro. Always yield to these skaters as well. If you should fall, get up quickly. Remember that the other skaters will have a much harder time seeing you when you are down low on the ice. Don't stay there any longer than you have to.

**Skater Rink Side Check In**

During each session that a skater is on the ice they are required to check in at the music box. We have had a problem with skaters using ice that they have not paid for. Make sure your skater understands how long they are supposed to be on the ice.

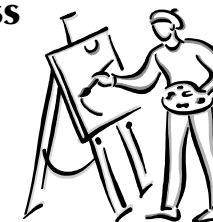
**Free Ice Time:**

Free ice time?!? Just refer a new basic skills skater to the rink. When they sign up for skating lessons the person giving the referral receives 6 hours worth of free ice time.

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**Artistry In Motion Class**

A NEW CLASS is being offered on Saturday mornings, ARTISTRY IN MOTION. AIM is being offered from 9-10a.m. (actual lesson is 9:30-10a.m.). If you are unfamiliar with AIM, it is part of the Basic Skill curriculum. It is requested that skaters have passed Basic 8 before enrolling in the class. Artistry In Motion (AIM) is a four level standardized choreography and style program. It is structured in a progressive manner, beginning with the top down – head, eye focus and upper body carriage cumulating in lower body extension and overall program choreography patterns and ice usage. Classes begin on August 11<sup>th</sup>.



**ISI News:**

ISI Worlds:

Congratulations to the group of skaters that went to Chicago, IL for ISI Worlds in July. Coach Kasi took a group of skaters to represent Point Mallard Ice Complex and they did great. Point Mallard finished 59<sup>th</sup> out of 119 teams. Skaters that represented Point Mallard were Nicole D'Antonio and Ashton Williams. There results are as follows:

Nicole D'Antonio:

FS 5 – First  
FS5 Footwork – First  
Solo Comp. – Second  
Artistic FS5 – Second  
Lt. Ent. Spotlight – Third  
Solo Surprise Event – Fifth

Ashton Williams:

FS7 – First  
FS7-9 Footwork – Third  
Figures 3 – Second  
Solo Comp. – Second  
Solo Surprise FS6-7 – First

**GREAT JOB NICOLE and ASHTON!!!**

Mark your calendar now for the following competitions: Centennial Sportsplex ISI Competition - Nashville, TN February 16-17, 2008

**Ready for private lessons?** by Coach Heidi.

When is it time for private lessons? That depends on your skater. If you are interested in private lessons any one of the coaches would love to talk to you. A no hassle conversation is all you need to find out if you are ready. If you are thinking about competing, now is the time to talk to a coach and get your game plan in action.

**Walking On?**

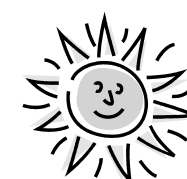
Point Mallard Ice Complex management now requires that all walk on fees must be paid BEFORE you walk on the ice. We have also started an on ice check-in. Please be sure to sign-in for every session you skate. Thanks.

**Christmas show?!?!?!?**

Mark you calendars now for the upcoming Christmas Show scheduled for Dec. 15-16. The show will be

**"There's No Business Like Snow Business"**

Class skater's rehearsals will begin Oct. 30 and run through Dec. 15



**Summer Opportunities**

by Rachel Landers

Have you ever gotten out on warm-up at a competition and suddenly realized the ice felt different than you were used to? Or have you suddenly become aware that you can't figure out what end of the rink your program should start at? Or have you simply been intimidated by all these other skaters out with you who all look so much faster and stronger than you feel?

Well, if you have, then taking time to practice at different rinks is just what you need. This summer I have had the opportunity to do just that. I have skated on five different sheets of ice at three different rinks, Wilcoxon Ice Complex in Huntsville, Pelham Civic Center in Birmingham, and Home Sweet Home, Decatur. I have gained a tremendous amount of experience and met a plethora of wonderful people. I highly recommend taking time to skate at new rinks.

Above all have fun and skate your best!